

## Cyber security and data protection in the Not-for-Profit (NFP) sector

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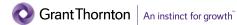
#### My background





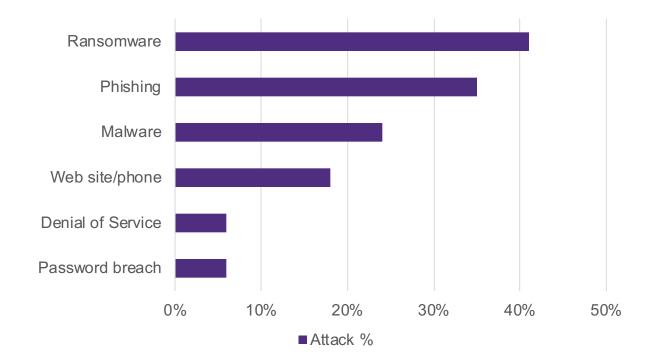


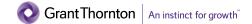




#### The problem

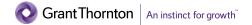
#### Charities are subject to cyber attacks





#### **Reality check**

- Do charities need the risk of cyber attack?
  - To reduce cyber risk, you can reduce use of technology
- So do they need all this technology?
  - Could they limit their use of tech and reduce risk?

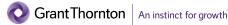


#### **Reality check**

• Less tech isn't an option for charities

- Lloyds research: charities with "high digital capability"
  - ... are twice as likely to save time and to increase donations
  - ... are ten times as likely to save cost

• So we need to understand the risks and deal with them

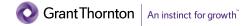


#### Why are charities special?

#### In some ways, they're not

- No more or less susceptible than others to indiscriminate attacks
  - Ransomware
  - Phishing
  - Accidental loss of equipment

But in many ways, in fact, charities are special



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- Budgets are limited
  - Even medium-sized charities can't afford several hundred ££ per day for advice/techies
  - IT equipment often purchased on a shoestring
    - And limited funds to manage, upgrade or replace it



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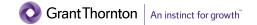
#### **Committee hold data themselves**

- In fact, charities often have no technology at all
  - People use their own computers
  - Email goes to and from personal addresses
    - And is therefore mixed in with people's own private email
  - Charity records sit in people's houses

#### Internal technical and cyber skills

- Founders of charities are passionate about their subject
  - Sometimes some access to IT knowledge
  - Seldom any access to cyber or Data Protection expertise

 Not many charities recruit volunteers or committee members for their cyber or DP knowledge



#### **People share credentials**

• Single login for the cloud-based accounts package

• Shared login for the Gmail account they use for email

• Shared login for the WordPress Web site

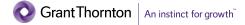


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#### **Committee turnover**

• Some committee members stick around for years

- But others don't
  - Family commitments, work, etc. have to come first
- When people leave the committee, data goes with them



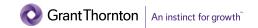
#### Many charities hold sensitive data

- Could be "special category" personal data
  - Ethnic origin
  - Health data
- Could be other sensitive data
  - Financial information about donors
  - Data about children



#### **Charity work is often part-time**

- Doesn't necessarily lighten the load of obligations
  - The 72-hour breach deadline still applies
  - Do you even check the charity email in this time?
- Spare time is limited
  - Does anyone ever check systems?

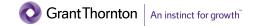


#### There's a lot you can do without help

#### Don't fret that it's too difficult

• Some of the tech behind cyber security is complex

- But the principles are largely common sense
  - Protect data
  - Don't give it to people who aren't entitled to it
  - Store paper records securely
  - ... etc.



#### Tech skills more common than cyber skills

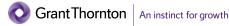
- There's usually someone who can make a PC or a Web site work
  - Or a handy teenager

- You can still do many of the basics yourselves
  - Non-techies can do Windows Update, anti-virus, etc.
  - These are as much tech skills as they are cyber skills



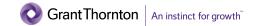
#### The vendors are beginning to help

- Example: small/home office routers
  - Ten years ago: router credentials were admin/admin
    - And it didn't force you to change it
  - Now you're forced to change the password at setup time
- Example: buying a new Mac
  - Prompts you for a strong password and to enable FileVault



#### There are some easy things you can do

- Check out Cyber Essentials
  - Five simple steps to protect against ~80% of attacks
    - Anti-virus software on everything
    - Keep apps and operating system up to date
    - Change default passwords
    - Principle of least privilege
    - A firewall on your Internet connections



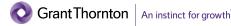
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#### Get a proper, separate email account

• Domains can cost a few pounds a year

• Email access is often thrown in with the domain name

- Keeps it separate from personal email
  - And you can delete accounts and mail when people leave



#### Keep your technology up to date

- Windows/MacOS updates
  - Both platforms can update automatically, so it's easy

- Anti-virus software
  - It'll update itself set it to do so several times a day



#### **Encrypt and protect your systems**

- It's dead easy with MacOS turn on FileVault
  - And use complex passwords

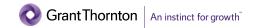
- Slightly less straightforward with Windows
  - Google for "free file encryption software"
  - Set a BIOS (boot time) password



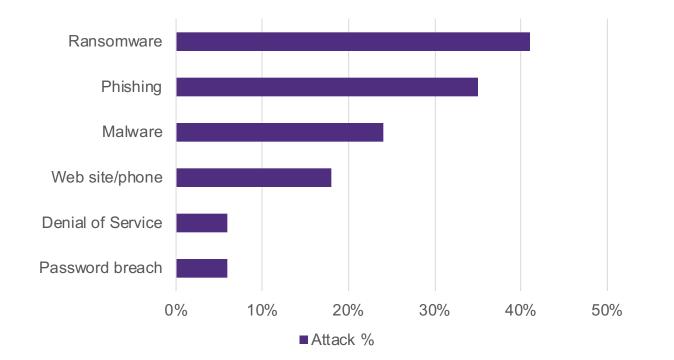
#### Be wary of cloud services

- By all means use iCloud, Google Drive, etc.
  - I use both so I have a backup of my stuff

- But be diligent
  - Use strong passwords they're accessible from anywhere
  - MFA is a "must" with all cloud services
  - If you're sharing folders with others, set a time limit



#### Let's briefly revisit that graph





#### **Data minimisation**

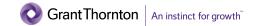
• Don't store data that you don't need

- Keep personal data only where you need to
  - And restrict access to only the people who actually need it
- Don't take it with you unless you have to



#### Use the resources available

- Google is your friend
  - It's quick, free and comprehensive
- Use (but don't abuse) the ICO
  - They're not a replacement for a consultant
  - But they're more than happy to be asked stuff

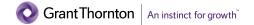


#### A new resource you can call upon



# JCSP Jersey Charitable Skills Pool

#### http://www.jerseycsp.org.uk/



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#### What's the JCSP?



• A throwaway comment that became a charity

- A pool of cyber security resources
  - Like a "hardship fund" but gives time rather than money
  - Jersey companies give their staff time free of charge
  - Charities/NFPs can apply for resource



#### What's the JCSP?



• Opens for applications on 1 March

- We encourage you to share resource
  - e.g. training sessions for several NFPs at once



#### **Growing organically**



• Hopefully the beginning of something bigger

- We've deliberately kept the name general
  - Walking before we try to run ... but we intend to run later
  - Launching with cyber security, but intention to expand
    - Finance, publicity, etc.



#### References

- Lloyds Digital Business Index
  - <u>https://resources.lloydsbank.com/businessdigitalindex/</u>
- Ecclesiastical Charity Cyber Guide
  - <u>https://www.ecclesiastical.com/documents/charity-cyber-guide.pdf</u>
- NCSC CE page
  - <u>https://www.cyberessentials.ncsc.gov.uk/</u>





### Jersey Charitable Skills Pool

http://www.jerseycsp.org.uk/

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